

**2017 AAU Region 2 National Qualifier  
Multi-Event & Track & Field Championship  
Richard Stockton College Galloway, NJ. 08205  
June 23-25, 2017 at G. Larry James Stadium**



- DATE:** Friday - Sunday, June 23-25, 2017
- LOCATION:** Richard Stockton College  
G. Larry James Stadium  
101 Vera King Farris Drive  
Galloway, NJ 08205
- HOST:** Keystone State Games & Premier Amateur Sports  
[www.premiersportingevents.com](http://www.premiersportingevents.com)  
Phone: 570-760-0352  
Email: [jcostello@ksgoffice.com](mailto:jcostello@ksgoffice.com) or [james@premiersportingevents.com](mailto:james@premiersportingevents.com)
- REGISTRATION:** Online at [www.coacho.com](http://www.coacho.com), please note this will be the only means of registering for the competition. You may register online beginning May 6, 2017 8:00AM to June 20, 2017 9:00PM **NO ENTRIES ACCEPTED AFTER DEADLINE JUNE 20, 2017 9:00PM**
- FEE:** Multi Events \$25.00 per athlete (CREDIT CARD ONLY)  
Track & Field \$25.00 per athlete (CREDIT CARD ONLY)
- ADMISSION:** \$5.00 - 1 day pass or \$12.00 - 3 day pass
- AWARDS:** Medals 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> & Ribbons 4<sup>th</sup> - 8<sup>th</sup>

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
  - All participants must have a current 2017AAU membership.
  - AAU membership may not be included as part of the entry fee to the event.
  - AAU **Youth** Athlete membership must be obtained before registering for Regional Qualifier
- Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.**
- Participants are encouraged to visit the AAU web site [www.ausports.org](http://www.ausports.org) to obtain membership.

**OPEN AND MASTER AGE DIVISION ARE NOW CONTESTED.**

**CONTACT INFORMATION: EVENT OPERATOR:** James Costello 570-760-0352 (C#) [jcostello@ksgoffice.com](mailto:jcostello@ksgoffice.com) or [james@premiersportingevents.com](mailto:james@premiersportingevents.com)

**MEET COORDINATOR / DIRECTOR:** Jose' A. Orlena 302-698-4687(H#) [joserenee@verizon.net](mailto:joserenee@verizon.net)

**Hy-TEK: JOHN AMERY/ ULTIMATE SPORTS PRODUCTION**

**MEET REFEREE:** Roland Williams

**CLERK OF COURSE:** James Parker

**MEET AND EVENT INFORMATION WILL BE POSTED** [www.premiersportingevents.com](http://www.premiersportingevents.com) & [www.aauathletics.org](http://www.aauathletics.org)



**2017 AAU REGION 2 NATIONAL QUALIFIER  
MULTI-EVENTS AND TRACK & FIELD CHAMPIONSHIP  
RICHARD STOCKTON COLLEGE GALLOWAY, NJ 08205  
DATE: JUNE 23 - 25, 2017**

**LOCATION: RICHARD STOCKTON STATE COLLEGE GALLOWAY, NEW JERSEY 08205**

**HOST: KEYSTONE STATE GAMES & PREMIER AMATUER SPORTS.**

**EMAIL: [www.keystonegames.com](http://www.keystonegames.com) or [www.premiersportingevents.com](http://www.premiersportingevents.com)**

**SANCTIONED BY: AMATURE ATHLETIC UNION**

**REGISTRATION: ON LINE AT [www.CoachO.com](http://www.CoachO.com)**

**PLEASE NOTE THIS WILL BE THE ONLY MEANS OF REGISTERING FOR THE COMPETITION,  
YOU MAY REGISTER ON LINE BEGINNING: MAY 7, 2017 8:00AM UNTIL JUNE 20, 2017 9:00 PM**

**\*\*NO ENTRIES ACCEPTED AFTER DEADLINE JUNE 20, 2017 9:00 PM**

**ENTRY FEE: MULTI-EVENTS \$25:00 PER.ATHLETE (NO REFUND)**

**: TRACK & FIELD \$25:00 PER. ATHLETE (NO REFUND)**

**: PAYMENTS: BY CREDIT CARD ONLY**

**2017 AAU MEMBERSHIP: ATHLETES AND CLUBS MUST BE REGISTERED WITH,  
AMATUER ATHLETIC UNION 2017 register online [www.aauathletics.org](http://www.aauathletics.org)**

**CONTACT INFORMATION FOR AAU REGION 2 NATIONAL QUALIFIER:**

**EVENT OPERATOR: JIM COSTELLO KEYSTONE STATE GAMES C# 570-760-0352**

**Email:[jcostello@ksoffice.com](mailto:jcostello@ksoffice.com) or [james@premiersportingevents.com](mailto:james@premiersportingevents.com)**

**MEET COORDINATOR/DIRECTOR JOSE' A. ORLENA H# 302-698-4687 [joserenee@verizon.net](mailto:joserenee@verizon.net)**

**MEET REFEREE: ROLAND WILLIAMS**

**CLERK OF COURSE: JAMES PARKER**

**TIMING STAFF: JOHN AMERY , ULTIMATE SPORTS PRODUCTION.**

**EVENT INFORMATION WILL BE POSTED: [www.aauathletics.org](http://www.aauathletics.org) and [www.keystonegames.com](http://www.keystonegames.com)**

**GENERAL INFORMATION:**

**GENERAL ADMISSION \$5:00 (1) One day pass or \$12.00 pass for (3) Three days**

**GATE OPEN: 6:30AM**

**TRACK CLOSE: 15 Min. BEFORE MEET START.**

**ROLLING SCHEDULE FOR TRACK & FIELD EVENTS.**

**METRIC MESURMENTS FOR MULTI-EVENTS ONLY.**

**TOP 16 ATHLETE FROM THEIR DISTRICT QUALIFIER WHO RECEIVE A VERIFIED MARK IN EACH  
EVENT(S) HE/SHE PLAN TO COMPETE, ADVANCE TO THEIR REGION 2 AAU NATIONAL QUALIFIER.**

- AWARDS MEDALS 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> RIBBONS 4<sup>th</sup> - 8<sup>th</sup>
- NO STARTING BLOCKS FOR 10 & UNDER.
- ALL FIELD EVENTS: 12 & UNDER THREE (3) ATTEMPTS ONLY, EXCEPT HIGH JUMP
- 1/4" PRYAMID ONLY ON ALL TRACK SURFACES. NO CHRISTMAS TREE TYPE
- TRAINER(S) WILL BE ON SITE DURING COMPETITION.
- MEMBERS OF RELAY TEAMS MUST WEAR THE SAME TEAM COLOR JERSEY AND SHORTS.
- ALL RUNNING EVENTS REPORT TO THE "CLERK OF COURSE"
- FIELD EVENTS REPORT DIRECTLY TO THAT EVENT, CHECK IN WITH THAT "OFFICIAL"
- POLE WEIGHT AND ATHLETE WEIGHT MUST BE VERIFIED BY COACH AND GIVEN TO POLE VAULT OFFICIAL.
- ONLY COMPETITION UNIFORM WILL BE ALLOWED IN THE CLERKING AREA.
- NO "BARE MIDRIFF" RULE IN EFFECT.
- NO ONE ALLOWED ON THE INFIELD FOR ANY REASON.
- 3-TURN STAGGER FOR ALL 4X400M RELAYS
- NO CELL PHONES, ELECTRONIC DEVICES ALLOWED BY ATHLETES IN COMPETITION AREA
- NO GLASS CONTAINERS, WATER GUNS, ALCOHOL, OR SMOKING PERMITTED ON SCHOOL PROPERTY.
- NO SPITTING OF SUNFLOWERS SEED ON SCHOOLS TRACK, STADIUM, AND BLEACHERS
- NO ATHLETE, COACH, OR PERSONS, ALLOWED IN ANY BUILDING, ROOMS, COURTYARDS OR ON ANY EQUIPMENT MAINTAIN BY EVENT OPERATOR, VENDOR(S) AND/OR UNIVERSITY.

PARK ONLY IN AREAS PERMITTED BY THE UNIVERSITY, NOT ON GRASS.  
RESTROOMS AVAILABLE / T-SHIRTS SALE / CONCESSION STAND.



## **ATTENTION**

### **ADDITIONAL INFORMATION:**

TEAMS/UNATTACHED ATHLETE PACKET, PICK-UP AT GATE OR STADIUM.  
COACHES AND ATHLETES WILL BE ISSUED A COLOR CODE WRIST BAND FOR ADMISSION  
(INCLUDE IN TEAM PACKET).  
ONE BAND (1) COACHES PER (6) REGISTER ATHLETES (MAX 5 COACH'S BANDS PER TEAM).  
UNATTACHED ATHLETE WILL BE ISSUED ONE (1) BAND ATHLETE AND ONE BAND (1) COACH.

PLEASE NOTE THAT WHILE AN ATHLETE CAN DECLARE ALL EVENTS WITH MARK ACHIEVED AT THE DISTRICT QUALIFIER, THEY WILL NOT BE ALLOWED TO ENTER EVENTS THAT WERE NOT COMPETED AT A DISTRICT QUALIFIER, WITH A NO MARK AT THE NATIONAL QUALIFIER.

**ATHLETES WHO DID NOT COMPETE IN A DISTRICT QUALIFYING MEET WILL ONLY BE ELIGIBLE TO COMPETE IN THE AAU REGION 2 NATIONAL QUALIFIER MEET IN THE, 2000M STEEPLECHASE, MULTI-EVENTS. OPEN AND MASTERS WILL BE CONTESTED.**

SOME DISTRICT QUALIFIER WILL BE HELD AFTER DECLARATIONS ARE OPEN FOR NATIONAL QUALIFIERS. COACHES, ATHLETES AND PARENTS SHOULD NOT START THE DECLARATION PROCESS FOR THE NATIONAL QUALIFIER UNTIL THE TEAM OR ATHLETES HAVE FINISH COMPETING IN ALL OF THE DISTRICT QUALIFIER THAT THEY HAVE CHOSEN TO COMPETE.

ONCE A TEAM HAS ENTER ANYONE ON THE TEAM IN A NATIONAL QUALIFIER, THE TEAM ENTRY IS CREATED AND NO CHANGES TO MARKS WILL BE ACCEPTED. SO IF A TEAM GOES TO A DISTRICT, THEN DECLARE FOR A NATIONAL QUALIFIER, THEN GOES TO ANOTHER DISTRICT QUALIFIER; THE MARKS FROM THE 2<sup>ND</sup> DISTRICT WILL NOT BE ADVANCE.

#### **ATHLETES:**

#### **TOP 8 FINISHER 100M DASH AND 200M DASH ADVANCE TO FINAL.**

15-16 GIRLS/BOYS AND 17-18 WOMEN/MEN WILL BE REQUIRED TO USE STARTING BLOCKS IN THE 100/200/400/ 100/110/400 METER HURDLES 4x1,4x4 RELAY.

RELAYS TEAMS MUST BE DECLARE ON THE REGION NATIONAL QUALIFIER LEVEL.  
ALL RELAY TEAM ATHLETES MUST BE DECLARING AT THAT TIME WHICH INCLUDES ALTERNATES.

#### **CHALLENGE PERIOD:**

ALL CHALLENGES TO MEET RESULT MUST BE INITIATED WITHIN 5 DAYS OF THE DAY OF THE MEET. ALL CHALLENGES MUST BE E-MAILED TO THE DISTRICT OR NATIONAL QUALIFIER MEET DIRECTOR. AFTER 5 DAYS, RESULT WILL NOT BE CHANGE. THE 5 DAYS BEGIN ON THE DATE THE RESULTS ARE POSTED ON THE AAU WEBSITE. ALL POSTED RESULTS WILL LIST THE DATE THAT THE CHALLENGE PERIOD ENDS.

AAU NATIONAL JUNIOR OLYMPIC GAMES REGISTRSTION WILL OPEN UP  
2 DAYS AFTER THE FIRST NATIONAL QUALIFIER MEET'S 5 DAY GRACE PERIOD ENDS.

#### **ADVANCEMENT FROM REGIONAL QUALIFIER TO 2017 AAU JUNIOR OLYMPIC GAMES**

**TOP SIX (6) ATHLETES IN RUNNING EVENTS, TOP FIVE (5) FIELD,  
TOP SIX (6) RELAY TEAMS, TOP FOUR (4) MULTI-EVENT ATHLETES, AT EACH  
REGIONAL NATIONAL QUALIFIER MEET WILL ADVANCE TO AAU NATIONAL  
JUNIOR OLYMPIC GAMES.**



**AAU REGION 2 NATIONAL QUALIFIER JUNE 23-25 2017  
STOCKTON COLLEGE GALLOWAY, NEW NERSEY  
REMINDER**

**COACHES, ATHLETES, & PARENTS**

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**IN EFFORT TO PROCESS THESE ENTRIES ON TIME FOR THE AAU REGION 2 NATIONAL QUALIFIERS.**

**ABSOLUTLEY**

**NO ENTRIES WILL BE ACCEPTED AND NO CHANGE OF EVENT(S) REQUEST HONORED, AFTER DEADLINE DATE. ENTRY DEADLINE DATE: JUNE 20, 2017 9:00PM**

**PLEASE NOTE EVENT SCHEDULE FOR EACH DAY OF COMPETITION**

- **PLEASE NOTE FIRST CALL EACH DAY AND START TIME EACH DAY**
- **PLEASE BE AT YOUR JUMPING AND/OR THROWING EVENT**
- **EARLY SO THAT THE OFFICAL CAN START THAT EVENT WITHOUT DELAY.**
- **NO COACHES OR ATHLETES ALLOWED ON INFIELD AREA FOR ANY REASON.**

**ATHLETES MUST SUPPLY THEIR OWN JAVELIN (600-800 gr) and DISCUS.**

**NO TRAINING OR RUBBER DISCUS TO BE USED. SHOT PUT and TURBO JAV WILL BE PROVIDE. LONG JUMP 4'OR 8' BOARD.**

**ATHLETES MAY ONLY USE STARTING BLOCKS SUPPLIED BY MEET MANAGEMENT.**

**RELAYS: YOU MAY HAVE UP TO EIGHT (8) REGISTERED ATHLETES NAME ON RELAYS ROSTER. YOU MUST DECLARE RELAY AS, A, B , C , OR D.**

**PROTEST: ALL PROTEST MUST BE SUBMITTED IN WRITING BY HEAD COACH OR IN CASE OF UNATTACH ATHLETE BY PARENT WITHIN 30MIN OF INFRACTION AND HANDED TO MEET REFEREE W/ \$75.00 CASH DEPOSIT. PROTEST MAY BE APPEAL ( WHICH A JURY OF APPEAL DECISION IS FINAL ). IF PROTEST IS UPHELD, CASH DEPOSIT WILL BE RETURN.**

**SAFETY OF YOUR ATHLETES DO NOT WEAR HEAD PHONE WHILE WARM UP ON TRACK & FIELD.**

**Bib replace fee \$5.00. Bib replacement is located at awards.**

**Please pick up your award promptly. GO TO POSTED RESULT BOARD TO CAPTURE RESULT INFROMATION. No awards will be mailed.**



**Registration for AAU National Junior Olympic Games:  
Must Be Submitted No Later Than  
Tuesday July 18, 2017 11:59pm  
For All Coaches and Athletes**

**ADVANCEMENT TO AAU NATIONAL JUNIOR OLYMPIC:**

**TOP SIX (6) ATHLETES IN RUNNING EVENTS, TOP FIVE (5) FIELD,  
TOP SIX (6) RELAY TEAMS, TOP FOUR (4) MULTI-EVENT  
ATHLETES AT EACH REGIONAL NATIONAL QUALIFIER MEET  
WILL ADVANCE TO AAU NATIONAL JUNIOR OLYMPIC GAMES.**

**ATHLETE MUST NOT TURN 19YR BEFORE THE FINAL DAYS OF  
AAU NATIONAL JUNIOR OLYMPIC GAMES AUGUST 5, 2017.**

**ATHLETES MUST REGISTER ONLINE FOR 2017 AAU NATIONAL JUNIOR  
OLYMPIC MULTI EVENT JULY 29-30, TRACK & FIELD AUGUST 1-5 , 2017.**

**ENTRY DEADLINE TUESDAY JULY 18, 2017 11:59 PM**

[www.aaujrogames.org](http://www.aaujrogames.org)

**AAU NATIONAL JUNIOR OLYMPIC GAMES**

**JULY 29-AUGUST 5, 2017**

**EASTERN MICHIGAN UNIVERSITY YPSILANTI, MI. 48197**

[www.aaujrogames.org](http://www.aaujrogames.org)





AAU REGION 2 NATIONAL QUALIFIER  
JUNE 23-25, 2017  
STOCKTON COLLEGE GALLOWAY, NJ

OPEN AND MASTER EVENTS .

TENTS: NO TENTS TO BE BELOW TOP EIGHT(8) ROWS NO TENTS IN FRONT OF PRESS BOX. ALL TENTS TO BE TIED OR STAKE DOWN. ALL TENT COVERS TO BE REMOVED AND OR LOWERED EACH NIGHT.

NO TENT ALLOWED NEAR OR AROUND THROWING SECTORS OR HIGH JUMP COACHES BOX.

ATHLETES OR COACHES MAY NOT CAMP OUT IN FIELD HOUSE LOBBY OR HALLWAY.

DURING SEVERE WEATHER/LIGHTNING YOU MUST CLEAR STADIUM/FIELD YOU MAY ENTER FIELD HOUSE NO SPIKE ON.

COACHES/PARENTS MUST MONITOR ATHLETES NO ONE ALLOWED ON WOOD FLOOR AND BALL PLAYING.

A COACH OR PARENT TO PICKUP AWARDS.

UNSPORTSMEN LIKE CONDUCT WILL NOT BE TOLERATED FROM ANYONE, YOU WILL BE ASK TO LEAVE PREMISE AND ATHLETE WILL BE DENIED FURTHER COMPETITION.

REGION 2 FINAL INFORMATION





**AAU REGION- 2 NATIONAL QUALIFIER JUNE 23, 2017  
MULTI – EVENT TRACK & FIELD CHAMPIONSHIPS  
RICHARD STOCKTON COLLEGE GALLOWAY, NEW JERSEY**

**DAY (1) Friday June 23, 2017**

**ATHLETES FOR MULTI EVENTS MUST CHECK-IN (AT START OF THEIR 1<sup>st</sup> EVENT)  
30 MIN. PRIOR TO THE START OF YOUR EVENT.**

<u>Start Time</u>	<u>Age</u>	<u>Event</u>	
7:45am	Decathlon 15-16 Boy	100M, LJ, SP, HJ, 400M	Day 1.
7:45am	Decathlon 17-18 Men	100M, LJ, SP, HJ, 400M	Day 1.
8:00am	Heptathlon 15-16 Girl	100MH, HJ, SP, 200M	Day 1
8:00am	Heptathlon 17-18 Women	100MH, HJ, SP, 200M	Day 1.
8:00am	Triathlon 9 Girl, 10 Girl	HJ, SP, 200M	Final
9:00 am	Triathlon 9 Boy, 10 Boy	HJ, SP, 400M	Final

**AFTER THE 17-18, 100M Hurdles, WOMEN HEPTATHLON, THE FOLLOWING EVENTS WILL BE  
CONTESTED: FIRST CALL 8:15 am START 8:45 am ROLLING SCHEDULE ALL EVENTS**

3000M RUN..... 11, 12, 13, 14, 15-16, 17-18.....AGES WILL BE COMBINED  
100M DASH TRIAL... 8-Under, 9, 19, 11, 12, 13, 14, 15-16, 17-18.  
800M RUN..... 8-Under, 9, 10, 11, 12, 13, 14, 15-16, 17-18.

**AT THE CONCLUSION OF MULTIEVENTS, THE FOLLOWING EVENTS WILL BE CONTESTED:**

**FIRST CALL 12:00 NOON START 12:30 PM ROLLING SCHEDULE**

200 METER DASH TRIAL.... 8-under, 9, 10, 11, 12, 13, 14, 15-16, 17-18.  
4x800M Relay..... 11-12, 13-14, 15-16, 17-18.  
4x100M Relay..... 8-under relay, 9-10, 11-12, 13-14, 15-16, 17-18.

**FIELD EVENTS: FIRST CALL 12:00 noon START 12:30 pm ROLLING SCHEDULE.**

Javelin Trial-Final: 17-18 Women, 17-18 Men, 15-16 Girl/Boy, 14 Girl/Boy, 13 Girl/ Boy.

**Shot Put:** (6lb) Girl, Boy 12, 11, 10, 9, (4lb) 8-Under. (3) Attempts Shot Put/ Long Jump.

**Long Jump:** Girls, Boy 12, 11, 10, 9, 8-Under . (3) Attempts Shot Put/ Long Jump

**Multi-Events take priority over Track & Field Events  
NO TAPE, CHALK IS TO BE USED ON LJ/TJ RUNWAY**





**AAU REGION- 2 NATIONAL QUALIFIER JUNE 24, 2017**  
**MULTI – EVENT- TRACK & FIELD CHAMPIONSHIPS**  
**RICHARD STOCKTON COLLEGE GALLOWAY, NEW**  
**DAY (2) Saturday June 24, 2017**

**ATHLETES FOR MULTI EVENTS MUST CHECK-IN (AT START OF 1<sup>st</sup> EVENT)  
30 MIN. PRIOR TO THE START OF YOUR EVENT.**

7:45	Decathlon	15-16 Boy	110MH, DIS, PV, JAV, 1500M Final
7:45	Decathlon	17-18 Men	110MH, DIS, PV, JAV, 1500M Final
8:00	Heptathlon	17-18 Women	LJ, JAV, 800M Final.
8:00	Hepathlon	15-16 Girl	LJ, JAV, 800M Final.
8:15	Pentathlon	13 ,14 Girl	100MH, LJ, SP, HJ, 800M Final
8:15	Pentathlon	13, 14 Boy	100MH, LJ, SP, HJ, 1500M Final
8:30	Pentathlon	11, 12 Girl	80MH, HJ, SP, LJ, 800M Final.
8:30	Pentathlon	11, 12 Boy	80MH, HJ, SP, LJ 1500M Final.

**AFTER 11, 12 BOY, 80 METER HURDLES, PENTATHLON, THE FOLLOWING EVENTS WILL BE CONTESTED: 1500m/ 3000m Racewalk, age, gender will be combined. After which 2000M Steeplechase.**

1. If there are any changes, there will be a revised schedule POSTED DAY OF EVENT
2. All events (MULTI's) will be contested approximately thirty (30) minutes after the preceding event is completed. The thirty(30) minute rest period will include food, measuring of steps, and warm-up. Be ready to compete.
3. Each final event will be contested according to the point totals of all the preceding events.  
Potential medal winners will compete together.

**AT THE CONCLUSION OF MULTIEVENTS, THE FOLLOWING EVENTS WILL BE CONTESTED:**

**FIRST CALL 12:30PM START 1:00PM ROLLING SCHEDULE ALL EVENTS**

80MH 30".....11Girl, Boy, 12 Girl, Boy

100MH 30".....13, 14 Girl

100MH 33".....13, 14 Boy

100MH 33".....15-16 Girl, 17-18 Women

110MH 39".....15-16 Boy, 17-18 Men

**100M DASH ..... ALL FINALIST**

400MH.....15-16 Boys, 17-18 Men.....36''

400MH.....15-16 Girls, 17-18 Women.....30''

200MH.....13 Girl, Boy 14 Girl, Boy.....30''

**FIELD EVENT:**

**Long Jump Trial-Final:** 17-18 Women, 17-18 Men, 15-16 Girl, 15-16 Boy, 14 Girl, 14 Boy, 13 Girl, 13 Boy.

**CHALK ONLY ON LJ/TJ RUNWAY NO TAPE**

**High Jump:** (Boys/Men ) 9, 10, 11, 12, 13, 14, 15-16, 17-18

**Turbo Jay:** Three (3) attempts(300g) 8-Under Girl, Boy, (400g) Girls, Boys 9, 10, 11, 12. **Followed by**

**Shot Put:**(Trial-Final) (6lbs) 13, 14 Girls, (4 kg) 13, 14 Boys, 15-16 & 17-18 Girls, (12lb) 15-16, 17-18 Boys



**AAU REGION- 2 NATIONAL QUALIFIER JUNE 25, 2017  
MULTI – EVENT - TRACK & FIELD CHAMPIONSHIPS**

**RICHARD STOCKTON COLLEGE GALLOWAY, NEW JERSEY**

**DAY (3) Sunday June 25, 2017**

**FIRST CALL: 8:15am      START TIME :9:00am      ROLLING SCHEDULE:**

400mDash.....ALL AGE DIVISION.....TIMED FINAL

1500M RUN.....8-UNDER, 9, 10, 11, 12, 13, 14, 15-16, 17-18..... AGES MAY BE COMBINED

**200M DASH FINALS.....ALL FINALIST**

4X400M RELAY.....9-10, 11-12, 13-14, 15-16, 17-18.

**FIELD EVENTS**

**FIRST CALL: 8:30am      START TIME: 9:00am      ROLLING SCHEDULE ALL EVENTS**

High Jump:      17-18 Women, 15-16, 14, 13, 12, 11, 10, 9 Girls.

**NO TRAINING OR RUBBER DISCUS TO BE USED:**

DISCUS: (1.0 kg)..... Girls-Boys 11 , 12.....**Three (3) Throws**

DISCUS: Trial/Final (1.0 kg)..... 13 Girl , Boy, 14 Girl , Boy 15-16 Girl , 17-18 Women.  
(1.6 kg).....15-16 Boy, 17-18 Men

TRIPLE JUMP: Trial-Final... 13,Girl, Boy 14 Girl, Boy 15- 16 Girl, Boy, 17-18 Women, Men

**ONLY 1 PIT MAY BE AVAILABLE FOR TRIPLE JUMP.**

**POLE VAULT WILL START 12:00 NOON**

ALL VAULTER MUST HAVE SIGNED VAULT FORM, **SIGNED** BY COACH/OR PARENT AND GIVEN TO OFFICIAL **BEFORE** ANY WARMUPS.

POLE VAULT.....13, Girl, Boy 14 Girl, Boy 15- 16 Girl, Boy 17-18 Women

**ATHLETE MUST SUPPLY HIS OR HER OWN JAVELIN AND DISCUS.**

**NO TAPE ON RUNWAY CHALK ONLY**

# Region 2 Final Schedule