

# **Pennsylvania Senior Games Track & Field**

## **SCHEDULE**

**Friday, July 29**

### **Field Events**

Long Jump Women	9:00am
Long Jump Men	9:00am
Shot Put Men	10:00am
Discus Women	10:00am
High Jump Women	10:30am
High Jump Men	10:30am
Discus Men	11:30am
Shot Put Women	11:30am
Triple Jump Women	12:00pm
Triple Jump Men	12:00pm
Hammer Women	1:00pm
Javelin Men	1:00pm
Pole Vault Men	1:30pm
Pole Vault Women	1:30pm
Javelin Women	2:30pm
Hammer Men	2:30pm

### **Track Events**

1500m Race Walk Women	10:15am
1500m Race Walk Men	10:15am
100m Dash Women	11:25am
100m Dash Men	11:45am
1500m Run Women	1:20pm
1500m Run Men	1:35pm
400m Dash Women	2:10pm
400m Dash Men	2:20pm
800m Dash Women	2:50pm
800m Dash Men	3:00pm
200m Dash Women	3:30pm
200m Dash Men	3:45pm
50m Dash Women	4:00pm
50m Dash Men	4:15pm
5000 Meter Race Walk Women	6:10pm
5000 Meter Race Walk Men	6:10pm